

Goroka Grammar School

Aude Aliquid Dignum

www.gorokagrammarschool.com

Edition 1. Issue No. 5



10 March 2020.

Hello everyone and welcome to the latest edition of our newsletter.

While we do not want to cause a panic, as a responsible and professional educational institution, Goroka Grammar School is required to have a response to, and be prepared for the possibility of Corona Virus impacting our school. Consequently we are issuing guidelines for good hygiene practice to all our students and staff. This advice can be found on the next page of our newsletter.

In addition I wish to remind all staff, parents and students that in most cases the Corona Virus is not fatal. If the virus is contracted, for most of us it means that we will become ill, but will recover. It is only those with pre-existing conditions who will be more vulnerable.

However you are all encouraged to read the advice on the next page.

1

The school cross country will be held on Friday March 27.

2

School Cultural Show
May 22

3

Unfortunately we do not have any good news from the inter-school bar sports as both our teams did not make the finals.



staffggs@gmail.com

Use the above email for any enquiries.



Did you know that lemons contain more sugar than strawberries?



The Hawaiian alphabet has only 13 letters.

SCHOOL ADVICE TO AVOID SPREADING VIRAL INFECTIONS

1. There is no threat to life for most people, including students, infected with corona virus.
2. Shaking hands is banned on school premises.
3. Students with flu/cold symptoms should stay away from school until the symptoms have cleared up.
4. All classrooms will have hand sanitizer available for use before meal breaks and after P.E. classes.
5. Cough or sneeze into a tissue and not into your hands. If a tissue is not available, you should cough or sneeze into your elbow.
6. Wash hands thoroughly with soap and water throughout the day.
7. Hand contact with the face should be avoided.
8. Wash hands before cooking and eating.
9. Wash hands after using the toilet.
10. Do not share eating and drinking utensils
11. All staff should follow the above procedures.
12. If you are unwell, stay away from school until the symptoms clear up.
13. School will not close unless there are compelling reasons to do so.

INFORMATIONAL POSTERS



PROTECT OTHERS FROM GETTING SICK

When coughing and sneezing **cover mouth and nose** with flexed elbow or tissue.



Throw tissue into closed bin immediately after use.

Clean hands with alcohol-based hand rub or soap and water after coughing or sneezing and when caring for the sick.



HOW CAN YOU STOP VIRUSES FROM SPREADING?

If you need to cough or sneeze



Catch it
With a tissue



Bin it



Kill it
By washing your hands with soap & water or hand sanitiser

You should wash your hands with soap & water or hand sanitiser



After breaks & sports activities



Before cooking & eating



SCHOOL ETC.
On arrival at any childcare or educational setting



After using the toilet



Before leaving home

✓ Try not to touch your eyes, nose and mouth with unwashed hands

✓ Do not share items that come into contact with your mouth such as cups & bottles

✓ If unwell do not share items such as bedding, dishes, pencils & towels



WASH YOUR HANDS

Wash your hands with soap and running water when **hands are visibly dirty**.



If your **hands are not visibly dirty**, frequently clean them by using alcohol-based hand rub or soap and water.

- After coughing or sneezing
- When caring for the sick
- Before, during and after you prepare food
- Before eating
- After toilet use
- When hands are visibly dirty
- After handling animals or animal waste

